

PHYSICAL, SENSORY & MENTAL REQUIREMENTS
for the Class:ENVIRONMENTAL SERVICES WORKER II, III

All employees must be physically able to perform the essential duties of the position. The following physical, sensory and mental requirements are generally stated and are not necessarily descriptive of any one position in this class.

Physical			
Requirement	Occasional	Frequent	Comments/Related Job Duty
Sit	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Filling forms during inservice, meetings.
Stand	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Vacuum, buff floors. All involved for daily cleaning operations.
Walk	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Move around work area to vacuum & pick up trash. All involved for daily operations.
Bend	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Twist/bend/turn to empty trash into bin, bend to use carpet extractor, clean toilet.
Squat	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Strip floors. All involved for daily cleaning operations.
Crawl	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Strip floors. In case of fire.
Climb	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Climb ladder to change curtains, clean TV.
Reach Above Head	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Wash windows, change curtains, dusting, cleaning.
Can Lift Unassisted:			
up to 10 lbs.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Equipment & supplies associated with work.
11 – 20 lbs.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Furniture, supplies, buckets w/ solution.
21 – 50 lbs.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Pickup trash barrel, move & set up furniture.
51 lbs. & over	never- should get assistance		
Can Carry Unassisted:			
up to 10 lbs.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Dump trash. Equipment & supplies associated with work.
11 – 20 lbs.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Cases of supplies.
21 – 50 lbs.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
51 lbs. & over	never- should get assistance		

Physical (continued)				
Requirement	Occasional	Frequent	Comments/Related Job Duty	
Grasping:	Right Hand	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Daily operations require both hands for cleaning, pushing & pulling all equipment.
	Left Hand	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Daily operations require both hands for cleaning, pushing & pulling all equipment.
	Both Hands	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Daily operations require both hands for cleaning, pushing & pulling all equipment. Dump trash, mop floor, clean equipment, change light bulb, toilet paper.
Push/Pulling	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Push full trash barrel. All involved for daily operations. Janitor work carts, dollies.	
Fine Manipulating:	Right Hand	<input type="checkbox"/>	<input checked="" type="checkbox"/>	For writing requests for maintenance, work related items. Picking up small objects.
	Left Hand	<input type="checkbox"/>	<input checked="" type="checkbox"/>	For writing requests for maintenance, work related items. Picking up small objects.
	Both Hands	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Fix vacuum, set alarm, insert key in light switch, pickup staples from carpet, open soap dispenser, for writing requests for maintenance, work related items.
Exposure to Heights	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Climb ladder. Removing & installing patient privacy curtains. Cleaning windows.	
Around Moving Machinery	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Floor machines.	
Exposure to Dust, Fumes	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Dust, cleaning chemicals.	
Operate Foot Pedals:	Right Foot	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Patient beds for foot locks, operating water faucets with both foot pedals.
	Left Foot	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Patient beds for foot locks, operating water faucets with both foot pedals.
	Both Feet	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Patient beds for foot locks, operating water faucets with both foot pedals.
Exposure to Marked Changes in Temperature & Humidity	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Subject to change from AC/Interior environment to Non-AC/exterior environment (subject to job assignment).	
Drive a Vehicle	<input type="checkbox"/>	<input checked="" type="checkbox"/>	In course of authorized duties.	
Exposure to Sharp Instruments	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Cleaning of broken objects, collection of sharp containers.	
Write	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Documentation, job related duties.	

Sensory		
Requirement	Comments/Related Job Duty	
Can Distinguish Smells	Frequent-smell of different cleaning solutions, foul odor, smoke.	
Can Distinguish Tastes		
Can Hear:	Normal Tones	Frequent-Alarms, beepers, pages.
	Soft Tones	Detect malfunctions with equipment, hear alarm beeper/page. Frequent-heard from close distance.
Can Distinguish Temperatures By Touch/Proximity	Occasional.	

Eyesight: Normal/Corrected	Spot dirty floor, see exit signs. Frequent-for daily operations.
Close Eye Work (reading small figures)	Read PH tape/work instructions/directions on bottles, See dirt, pick soap/ax solutions. Occasional-Read directions, labels, documents.

Mental

Requirement	Comments/Related Job Duty
Can Read, Speak and Write (What language/s)	English-in order to communicate & comprehend assignments, communicate with co-workers, visitors & patients as well, fill documents, etc.
Is Oriented with Reality	Necessary
Can control Emotions (temper, etc.)	Necessary
Has Positive Attitude toward the ill, the Handicapped and the Elderly	Necessary
Can Remember/Recall	Necessary
Able to Work with Controlled Substances (drugs)	N/A
Can Handle Stress	Necessary-as it relates to both physical and mental.

This is an amendment to the physical requirement specifications for the classes JANITOR II & III to change the title to ENVIRONMENTAL SERVICES WORKER II & III, effective May 16, 2012.

This is the first physical requirement specifications for the classes JANITOR I, II & III.

DATE APPROVED: May 16, 2012

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 Director of Human Resources