

PHYSICAL, SENSORY & MENTAL REQUIREMENTS  
for the Class:

LAUNDRY HELPER I & II

*All employees must be physically able to perform the essential duties of the position. The following physical, sensory and mental requirements are generally stated and are not necessarily descriptive of any one position in this class.*

<b>Physical</b>			
<b>Requirement</b>	<b>Occasional</b>	<b>Frequent</b>	<b>Comments/Related Job Duty</b>
Sit	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Stand	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Walk	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Bend	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Squat	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Crawl	<input type="checkbox"/>	<input type="checkbox"/>	
Climb	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Reach Above Head	<input type="checkbox"/>	<input type="checkbox"/>	
Can Lift Unassisted:			
up to 10 lbs.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
11 – 20 lbs.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
21 – 50 lbs.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	All involved in daily duties.
51 lbs. & over	never- should get assistance		
Can Carry Unassisted:			
up to 10 lbs.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
11 – 20 lbs.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
21 – 50 lbs.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
51 lbs. & over	never- should get assistance		
Grasping:			
Right Hand	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Left Hand	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Both Hands	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Push/Pulling	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Fine Manipulating:			All involved in daily duties.
Right Hand	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
Left Hand	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Both Hands	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Exposure to Heights	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Around Moving Machinery	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Exposure to Dust, Fumes	<input checked="" type="checkbox"/>	<input type="checkbox"/>	

**Physical (continued)**

Requirement		Occasional	Frequent	Comments/Related Job Duty
Operate Foot Pedals:	Right Foot	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Driving Laundry Carts
	Left Foot	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Driving Laundry Carts
	Both Feet	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Driving Laundry Carts
Exposure to Marked Changes in Temperature & Humidity		<input type="checkbox"/>	<input checked="" type="checkbox"/>	
Drive a Vehicle		<input type="checkbox"/>	<input checked="" type="checkbox"/>	Laundry Carts
Exposure to Sharp Instruments		<input checked="" type="checkbox"/>	<input type="checkbox"/>	Needles
Write		<input checked="" type="checkbox"/>	<input type="checkbox"/>	

**Sensory**

Requirement	Comments/Related Job Duty
Can Distinguish Smells	Occasional
Can Distinguish Tastes	N/A
Can Hear: Normal Tones	Occasional-detect machine malfunction.
Soft Tones	Occasional
Can Distinguish Temperatures By Touch/Proximity	Frequent
Eyesight: Normal/Corrected	Frequent-inspect cleanliness of clothing, linen, etc.
Close Eye Work (reading small figures)	Frequent-read directions

**Mental**

Requirement	Comments/Related Job Duty
Can Read, Speak and Write (What language/s)	Necessary
Is Oriented with Reality	Necessary
Can control Emotions (temper, etc.)	Necessary
Has Positive Attitude toward the ill, the Handicapped and the Elderly	Necessary
Can Remember/Recall	Necessary
Able to Work with Controlled Substances (drugs)	N/A
Can Handle Stress	Necessary

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This is the first physical requirement specifications for the classes LAUNDRY HELPER I & II.  
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APPROVED: July 26, 2004

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