

PHYSICAL, SENSORY & MENTAL REQUIREMENTS
for the Classes:SEWING WORKER I & II

All employees must be physically able to perform the essential duties of the position. The following physical, sensory and mental requirements are generally stated and are not necessarily descriptive of any one position in this class.

Physical			
Requirement	Occasional	Frequent	Comments/Related Job Duty
Sit	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Stand	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Walk	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Bend	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Squat	<input checked="" type="checkbox"/>	<input type="checkbox"/>	All involved in daily duties.
Crawl	<input checked="" type="checkbox"/>	<input type="checkbox"/>	In case of fire.
Climb	<input type="checkbox"/>	<input type="checkbox"/>	
Reach Above Head	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Can Lift Unassisted:			
up to 10 lbs.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	All involved in daily duties.
11 – 20 lbs.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
21 – 50 lbs.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
51 lbs. & over	never- should get assistance		
Can Carry Unassisted:			
up to 10 lbs.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	All involved in daily duties.
11 – 20 lbs.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
21 – 50 lbs.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
51 lbs. & over	never- should get assistance		
Grasping:			
Right Hand	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Left Hand	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Both Hands	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Push/Pulling	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Fine Manipulating:			All involved in daily duties.
Right Hand	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
Left Hand	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Both Hands	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Exposure to Heights	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Around Moving Machinery	<input type="checkbox"/>	<input checked="" type="checkbox"/>	All involved in daily duties.
Exposure to Dust, Fumes	<input checked="" type="checkbox"/>	<input type="checkbox"/>	

Physical (continued)

Requirement		Occasional	Frequent	Comments/Related Job Duty
Operate Foot Pedals:	Right Foot	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Operate sewing machine.
	Left Foot	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Operate sewing machine.
	Both Feet	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Exposure to Marked Changes in Temperature & Humidity		<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Drive a Vehicle		<input type="checkbox"/>	<input type="checkbox"/>	
Exposure to Sharp Instruments		<input type="checkbox"/>	<input checked="" type="checkbox"/>	Sewing needles, scissors.
Write		<input checked="" type="checkbox"/>	<input type="checkbox"/>	

Sensory

Requirement	Comments/Related Job Duty
Can Distinguish Smells	NA
Can Distinguish Tastes	NA
Can Hear: Normal Tones	Occasional-detect machine malfunction.
Soft Tones	Occasional
Can Distinguish Temperatures By Touch/Proximity	NA
Eyesight: Normal/Corrected	Frequent-sewing, mending, cutting material.
Close Eye Work (reading small figures)	Frequent-sewing, mending, cutting material.

Mental

Requirement	Comments/Related Job Duty
Can Read, Speak and Write (What language/s)	Necessary
Is Oriented with Reality	Necessary
Can control Emotions (temper, etc.)	Necessary
Has Positive Attitude toward the ill, the Handicapped and the Elderly	Necessary
Can Remember/Recall	
Able to Work with Controlled Substances (drugs)	
Can Handle Stress	Necessary

This is the first physical requirement specifications for the classes, SEWING WORKER I & II.

APPROVED: December 10, 2010

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