

PHYSICAL, SENSORY & MENTAL REQUIREMENTS  
for the Class:

BUILDING & GROUNDS UTILITY WORKER

*All employees must be physically able to perform the essential duties of the position. The following physical, sensory and mental requirements are generally stated and are not necessarily descriptive of any one position in this class.*

| <b>Physical</b>         |                                     |                                     |   |
|-------------------------|-------------------------------------|-------------------------------------|---|
| <b>Requirement</b>      | <b>Occasional</b>                   | <b>Frequent</b>                     | <b>Comments/Related Job Duty</b>          |
| Sit                     | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Read inservice training.                  |
| Stand                   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| Walk                    | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| Bend                    | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| Squat                   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| Crawl                   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | All involved in daily duties.             |
| Climb                   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| Reach Above Head        | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| Can Lift Unassisted:    |                                     |                                     |   |
| up to 10 lbs.           | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| 11 – 20 lbs.            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| 21 – 50 lbs.            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |   |
| 51 lbs. & over          | never- should get assistance        |                                     |   |
| Can Carry Unassisted:   |                                     |                                     |   |
| up to 10 lbs.           | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| 11 – 20 lbs.            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| 21 – 50 lbs.            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |   |
| 51 lbs. & over          | never- should get assistance        |                                     |   |
| Grasping:               |                                     |                                     |   |
| Right Hand              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| Left Hand               | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| Both Hands              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| Push/Pulling            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| Fine Manipulating:      |                                     |                                     | All involved in daily duties.             |
| Right Hand              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |   |
| Left Hand               | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| Both Hands              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | All involved in daily duties.             |
| Exposure to Heights     | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | Climb ladder to change bulbs, trim trees. |
| Around Moving Machinery | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | Power mowers, trimmers.                   |

**Physical (continued)**

| Requirement  | Occasional                          | Frequent                            | Comments/Related Job Duty                                   |
|--|-------------------------------------|-------------------------------------|---|
| Exposure to Dust, Fumes                              | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | Dirt, grass   |
| Operate Foot      Right Foot                         | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Cleaning maintenance room, operating vehicles or machinery. |
| Pedals:              Left Foot                       | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Cleaning maintenance room, operating vehicles or machinery. |
| Both Feet  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |   |
| Exposure to Marked Changes in Temperature & Humidity | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |   |
| Drive a Vehicle                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |   |
| Exposure to Sharp Instruments                        | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Mowers, trimmers  |
| Write  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |   |

**Sensory**

| Requirement                                     | Comments/Related Job Duty                                   |
|---|---|
| Can Distinguish Smells                          | Frequent  |
| Can Distinguish Tastes                          | N/A   |
| Can Hear:      Normal Tones                     | Frequent-hear page, alarm, detect machine malfunction.      |
| Soft Tones                                      | Frequent  |
| Can Distinguish Temperatures By Touch/Proximity | Frequent  |
| Eyesight:      Normal/Corrected                 | Frequent-inspect cleanliness of area; make deliveries, etc. |
| Close Eye Work<br>(reading small figures)       | Frequent-read directions.                                   |

**Mental**

| Requirement   | Comments/Related Job Duty   |
|---|---|
| Can Read, Speak and Write (What language/s)                           | English-in order to communicate & comprehend assignments, inservice, etc. |
| Is Oriented with Reality  | Necessary   |
| Can control Emotions (temper, etc.)                                   | Necessary   |
| Has Positive Attitude toward the ill, the Handicapped and the Elderly | Necessary   |
| Can Remember/Recall   | Necessary   |
| Able to Work with Controlled Substances (drugs)                       | N/A   |
| Can Handle Stress   | Necessary-as it relates to both physical and mental.                      |

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This is the first physical requirement specifications for the class, BUILDING & GROUNDS  
UTILITY WORKER.

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APPROVED: December 10, 2010

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