

Minimum Qualification Specification
for the Classes:EXERCISE PHYSIOLOGIST II, IIIEducation Requirement:

Bachelor's degree from an accredited four (4) year college or university in exercise science, exercise physiology, kinesiology or a related field.

Excess work experience as described under the Specialized Experience below or any other progressively responsible administrative, professional or other analytical work experience which provided knowledge, skills and abilities comparable to those acquired in four (4) years of successful study while completing a college or university curriculum leading to a baccalaureate degree may be substituted on a year-for-year basis. To be acceptable, the experience must have been of such scope, level and quality as to assure the possession of comparable knowledge, skills and abilities.

Experience Requirement:

Applicants must have progressively responsible work experience of the types and quantities described in the table below:

Class Title	Specialized Experience (years)	Total Experience (years)
Exercise Physiologist II	0	0
Exercise Physiologist III	1	1

Specialized Experience: Progressively responsible professional work experience in prescribing a course of exercises for either fitness or rehabilitation or implementing the fitness element of the program and monitoring the response of each participant to the intervention to assure clinical safety.

Substitutions Allowed:

1. As described above, professional exercise physiology experience may be substituted for education on a year-for-year basis.
2. Possession of a master's degree in exercise physiology, physical or occupational

therapy from an accredited college or university may be substituted for one (1) year of Specialized Experience.

If a degree is used to substitute for the education requirement, it may not be used again towards the experience requirement. If work experience is used to substitute for education, it may not be used again to meet the experience requirement. If the applicant holds more than one degree, transcripts must be provided, and a thorough review will be conducted by the human resources staff in order for more than one degree to be credited toward the minimum qualification requirements (if applicable).

Quality of Experience:

Possession of the required number of years of experience will not in itself be accepted as proof of qualification for a position. The applicant's overall experience must have been of such scope and level of responsibility as to conclusively demonstrate that they have the ability to perform the duties of the position for which they are being considered.

Selective Certification:

Specialized knowledge, skills and abilities may be required to perform the duties of some positions. In such positions, Selective Certification Requirements may be established, and certification may be restricted to eligible who possess the pertinent experience and/or training required to perform the duties of the position.

Regions or facilities requesting selective certification must show the connection between the kind of training and/or experience on which they wish to base selective certification and the duties of the position to be filled.

Health & Physical Requirements:

Applicants must meet the health and physical requirements deemed necessary to effectively and safely perform the essential functions of the position with or without reasonable accommodation.

This is an amendment to the minimum specifications for the classes, EXERCISE
PHYSIOLOGIST II and III to update the Education Requirement, Substitutions Allowed,
Selective Certification Requirement, Health & Physical Requirement and delete
Mental/Emotional Requirement, effective August 21, 2025.

This is the first minimum qualification specifications for the new classes EXERCISE
PHYSIOLOGIST II & III effective October 31, 2017.

APPROVED: Aug 21, 2025

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