### HAWAII HEALTH SYSTEMS CORPORATION STATE OF HAWAII

# PHYSICAL, SENSORY & MENTAL REQUIREMENTS for the Classes:

#### REGISTERED PROFESSIONAL NURSE II - VIII

All employees must be physically able to perform the essential duties of the position. The following physical, sensory and mental requirements are generally stated and are not necessarily descriptive of any one position in this class.

#### RPN - Direct Patient Care:

Physical						
Requirement		Frequent	Occasional	Comments/Related Job Duty		
Sit		Ď		Charting, talking to patients, feeding		
Stand						
Walk						
Bend		$\boxtimes$				
Squat		$\boxtimes$		All involved in giving patient care.		
Crawl				In case of fire.		
Climb						
Reach Above Head				To reach things in medication closet, to do certain treatments (handling IV equipment, tube feeding, etc.)		
Can Lift Unassiste	ed:					
	up to 10 lbs.	$\boxtimes$				
	11 – 20 lbs.	$\boxtimes$		Equipment ordinarily worked with		
	21 – 50 lbs.					
	51 lbs. &	never- s	should get			
	over	assis	stance			
Can Carry Unassisted:						
	up to 10 lbs.	$\boxtimes$		Equipment ordinarily worked with		
	11 – 20 lbs.	$\boxtimes$				
	21 – 50 lbs.					
	51 lbs. &	never- s	should get			
	over	assistance				
Grasping:	Right Hand			Used in rendering daily patient care (or take blood pressure, pass mediation), open bottles, handling equipment		
	Left Hand	$\boxtimes$		Documentation, performing treatment.		
	Both Hands	$\boxtimes$				
Push/Pulling				Med. carts, wheelchairs, gerichairs, moving beds, mechanical lifts, etc.		
Fine						
Manipulating:	Right Hand			Perform treatments.		
	Left Hand			Give medications (IM, IVV, eye drops)		
	Both Hands			Manipulate equipment; typing computer keyboard.		

Exposure to Heights						N/A
Around Moving Machinery		[				Floor buffers are operated in patient care, work areas.
Exposure to Dust, Fumes		[			$\leq$	Dust, chemicals, fumes from exterminating insecticides, etc.
Operate Foot	Right Foot	[			$\leq$	Patient beds have foot locks, foot pedal
						operated water faucets, etc., if applicable.
Pedals:	Left Foot				$\leq$	
	Both Feet				$\leq$	
		Phy	sical (d	ontinu	ed)	
Require	ement	Free	quent	Occa	sional	Comments/Related Job Duty
Exposure to Marked Changes in		ļ ,			_	N/A
Temperature & H	lumidity					
Drive a Vehicle						N/A
Exposure to Sha	rp Instruments		X			Needles, scissors, scalpels, knives.
Write			$\boxtimes$	L		Documentation of observations and care rendered.
			Sens			
Requirement		Comments/Related Job Duty				
Can Distinguish Smells		Frequent-Foul odors are often symptomatic of disease process or infection				
Can Distinguish Tastes		N/A				
Can Hear: Normal Tones		Frequent-Take telephone orders from physicians, patient call bells need to be heard from near and far distances.				
Soft Tones		Blood pressure readings, to take apical pulse.				
Can Distinguish Temperatures		Frequent-Temperature of equipment touching patients, skin temperature				
By Touch/Proximity		evaluation, temperature of hot soaks, heating pad, ice packs, etc.				
	mal/Corrected	Frequent-To observe patients and give normal nursing care.				
	se Eye Work	Frequent-Charts, diagnostic tests, blood pressure readings, calibrated				
(reading small figures)		measuring containers, pouring medication, computer screens, other digital read-out equipment, etc.				
			Mer	ntal		
Requirement Comments/Related Job Duty				•		
Can Read, Speal		English-In order to read medical information concerning patient care, communicate to staff, patients and physicians.				
(What language/s)				Stair, patie	inis and p	nysicians.
Is Oriented with Reality		Neces	-			
Can control Emotions (temper,		Neces	sary			
etc.)						
Has Positive Attitude toward the		Neces	sary			
ill, the Handicapped and the						
Elderly		Necos	can/			
Can Remember/Recall		Necessary  Necessary-Must dispense controlled substances.				
Able to Work with Controlled Substances (drugs)		INCCES	sai y iviuSl	uispeiise	con in Oneu	SUDSIGNICES.
Can Handle Stress		Necessary-As it relates to both physical and mental.				

## PHYSICAL, SENSORY & MENTAL REQUIREMENTS

RPN – Non Direct Patient Care:

Physical						
Requirement		Frequent	Occasional	Comments/Related Job Duty		
Sit		$\boxtimes$				
Stand		$\boxtimes$				
Walk		$\boxtimes$				
Bend		$\boxtimes$				
Squat						
Crawl				In case of fire.		
Climb						
Reach Above Hea				To reach things on shelves, or in cupboards		
Can Lift Unassiste	d:					
	up to 10 lbs.	$\boxtimes$				
	11 – 20 lbs.					
	21 - 50 lbs.					
	51 lbs. &	never- s	should get			
over		assis	stance			
Can Carry Unassisted:						
	up to 10 lbs.					
	11 – 20 lbs.					
	21 – 50 lbs.					
	51 lbs. &	never- s	should get			
	over	assi	stance			
Grasping:	Right Hand					
	Left Hand					
	Both Hands	$\boxtimes$				
Push/Pulling						
Fine	Diabtllood					
Manipulating:	Right Hand					
	Left Hand			Manipulate aguinment: typing computer		
	Both Hands			Manipulate equipment; typing computer keyboard.		
Exposure to Heights				N/A		
Around Moving Machinery				Floor buffers are operated in patient care, work areas.		
Exposure to Dust, Fumes				Dust, chemicals, fumes from exterminating insecticides, etc.		
Operate Foot	Right Foot					
Pedals:	Left Foot					
	Both Feet					

Physical (continued)						
Requirement	Frequent	Occasional	Comments/Related Job Duty			
Exposure to Marked Changes in			N/A			
Temperature & Humidity						
Drive a Vehicle			N/A			
Exposure to Sharp Instruments			Scissors			
Write						
	Sens	sory				
Requirement		Comments/F	Related Job Duty			
Can Distinguish Smells						
Can Distinguish Tastes	N/A					
Can Hear: Normal Tones						
Soft Tones						
Can Distinguish Temperatures						
By Touch/Proximity						
Eyesight: Normal/Corrected						
Close Eye Work						
(reading small figures)						
	Mer	ntal				
Requirement						
		to read medical info	rmation concerning patient care,			
(What language/s)		Staff, patients and pr	Hysicians.			
Is Oriented with Reality	Necessary					
Can control Emotions (temper,	Necessary					
etc.)						
Has Positive Attitude toward the	Necessary					
ill, the Handicapped and the						
Elderly						
Can Remember/Recall	Necessary					
Able to Work with Controlled						
Substances (drugs)						
Can Handle Stress	Necessary-As it	relates to both physi	ical and mental.			
These are revised physical require						
PROFESSIONAL NURSE II -VIII, which supercedes any previously published physical or						
medical requirements for the class	es.					
Data Assess at 1 0 1 1 14 0010						
Date Approved: October 11, 2010	•	DALII TOURS	A B 4 A			
		PAUL TSUKIY				
		VP/Director of	Human Resources			